

The background of the entire page is a solid orange color. Overlaid on this are white line-art illustrations. At the top, there are two pairs of hands holding long, thin tubes, possibly representing a medical or scientific procedure. Below these, a person's head and shoulders are shown in profile, looking towards the right. In the bottom left, there is a rectangular control panel with several buttons and a small display. In the bottom right, a pair of safety goggles is depicted. The Vitality Life logo is centered in the upper half of the page.

Vitality  **Life**[®]
CREATING VITALITY

**FEEL GOOD
PRODUCTS**
Overview

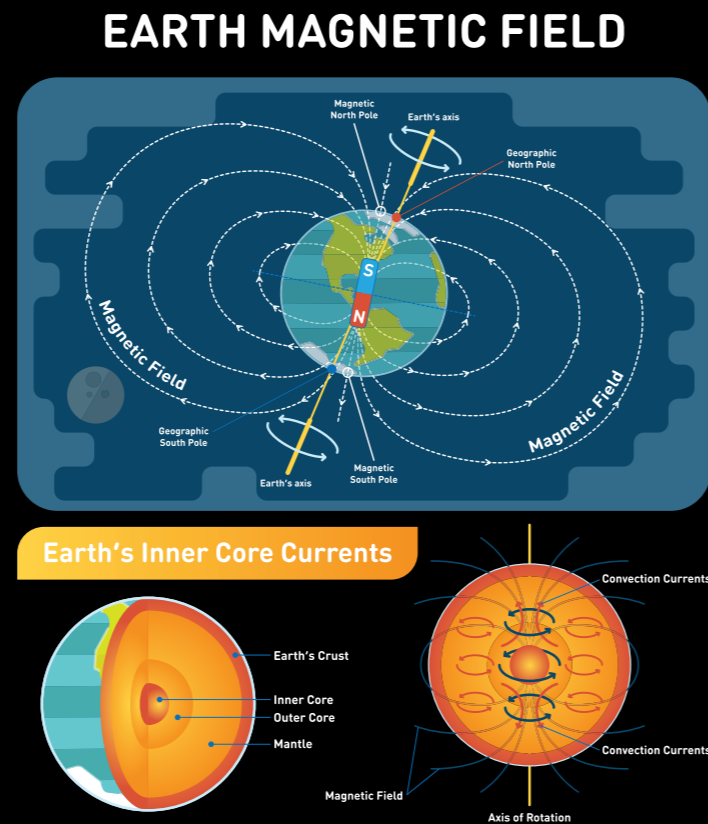
THE INVISIBLE PHENOMENON – WHY IS EARTH’S MAGNETIC FIELD SO VITAL?

There are vital things that can neither be felt nor heard or seen. In addition to the air we breathe, magnetic fields are one of such things. If there were no Earth’s magnetic field, humans and other living beings would be exposed to cosmic rays, extremely high-energy electrically charged particles, unprotected.

In unprotected organisms, free radicals, reactive atoms or atom formations, i.e. molecules that could damage cell components, would be formed under the influence of cosmic radiation. The Earth’s magnetic field not only protects against such damage - for example, it protects our genetic information carrier, DNA. It also helps many living beings, such as birds and sea turtles, to orientate themselves. Animals have a magnetic sense.

Centuries ago, natural researchers, while using compasses, discovered that the Earth’s magnetic field is constantly changing. The poles of the magnetic field move; their position changes by a few kilometres every year and shows irregularities. On the east coast of South America, for example, it is currently particularly weak. It has been proven that the magnetic field permanently reverses its polarity after several hundred thousand years on average. The last event of this kind occurred 780,000 years ago.

Experts are reluctant to make predictions about future developments. According to them, it is certain that the Earth’s magnetic field has weakened significantly over the past two centuries.



MAGNETIC FIELD THERAPY – A MILLENIUM OLD THERAPEUTIC EFFECT

The knowledge about the therapeutic effects of magnetic fields goes far back to ancient high cultures.

In the meantime, pulsed magnetic resonance stimulation has passed the threshold from a clinical peripheral phenomenon to a widespread form of therapy. It is now standard physiological knowledge that the metabolism is controlled by electromagnetic processes.

In us humans, a network of the finest electrical currents - and therefore also electromagnetic fields - controls all biological processes. Our modern way of life, as well as unhealthy environmental conditions, disturb this balance and weaken our resistance, which in turn can lead to diseases.

These disturbances can be eliminated by means of pulsed magnetic resonance stimulation. Pulsed magnetic fields, if applied in the correct dosage, stimulate the blood circulation, improve the oxygen and nutrient supply to the cells and thus strengthen the body’s self-healing powers.



WATER IN ITS HEALTHY HEXAGONAL STRUCTURE IS LIFE!

AcquaPhi has its origins in the passion of the German engineer Christian Lange. He has been intensively researching mathematical correlations in nature for years and is involved in the scientific field of bioenergy. After years of research, he succeeded in realizing his vision with AcquaPhi.

Structured tap water with increased oxygen content and pH value and less limescale deposits
AcquaPhi is an innovative system for ecological water treatment. Tap water that is treated with **AcquaPhi** is practically identical to fresh spring water in terms of quality and structure. **AcquaPhi** improves the structural properties of drinking water.

Fresh and vitalised drinking water for high quality of life
 With **AcquaPhi** you turn your tap into a mountain spring. The water regains its original strength and naturalness. **AcquaPhi** measurably increases the pH value and oxygen content of tap water.

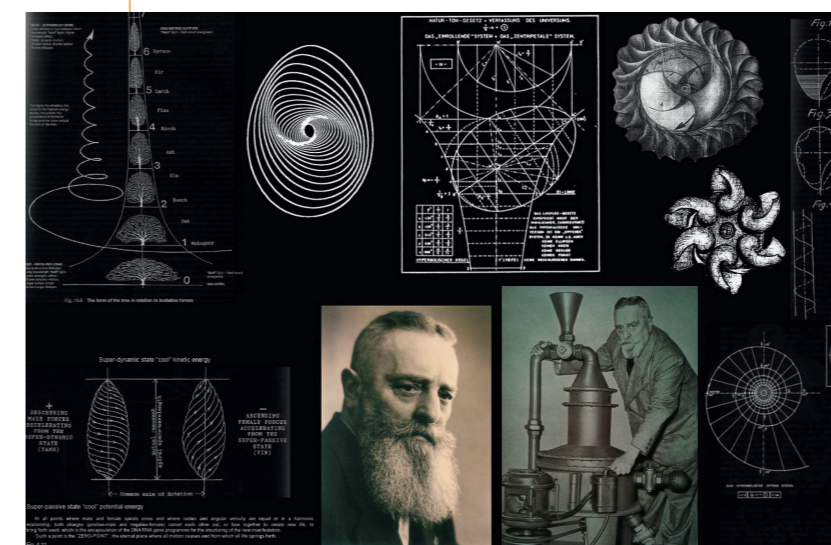
AcquaPhi imitates the process water undergoes in waterfalls, meanders and vortex loops to transform tap water into highly structured water. The structural transformation increases the oxygen content and pH value measurably, making the water more alkaline. Lime bound to the tap water is dissolved, making difficult-to-remove lime deposits a thing of the past.

Plants, too, benefit from AcquaPhi Irrigation with structured water
 Users of **AcquaPhi** report a remarkable increase on plant growth. Structured water appears to fortify plant-life and extend the blossoming time for plants while simultaneously making them stronger and more resilient.



AcquaPhi for your wellbeing and our environment
 Tap water is more ecological than mineral water - it is also good for your wallet in the long term. The sustainable solution without plastic or chemicals. A reusable Retap bottle is supplied with every **AcquaPhi** device.
<https://acquaphi.com>

CONTACT US – we will gladly pass your inquiry on!



MRT MODELS IN DAILY PRACTICE

MRT classic

The *MRT classic* is the **entry-level model** among the MRT systems. The system, which has been specially developed for overall, complementary use, offers a wide range of applications.

Whether stationary or mobile, the system is suitable for home use as preventive health care, for competitive sports, as well as in therapeutic practice.

The MRT classic is particularly user-friendly. It is self-controlled, with program support, taking into account the biorhythm (morning, noon, evening and night).

Thanks to the various setting options such as application time and intensity (strength of the pulsed magnetic field), the MRT classic also offers effective and individually adjustable application options.

With the intensity level “sensitive”, the MRT classic also meets the specific requirements of sensitive people.

Included in the delivery:

- *MRT classic* control unit
- mat applicator
- cushion applicator
- mental light goggles - optional

MRT professional

In addition to the manifold application possibilities of the MRT classic, the *MRT professional* has **additional functions** for professional use by doctors and therapists as well as for selected indications.

While home users appreciate the all-round effect of the MRT mat applicator, in therapeutic practice often individual parts of the body are specifically treated with the probe applicator, sometimes using higher magnetic field intensities.

Another component of the *MRT professional system* is a **set of mental goggles**, which use optical signals to relax and reduce stress. This harmonization of body and mind creates the optimal conditions for the physiological effects of the magnetic fields and **supports the development of self-regulatory powers on a mental level.**

Included in the delivery:

- *MRT professional* control unit
- mat applicator
- cushion applicator
- probe applicator
- mental light goggles



MRT – APPLICATION AND BENEFITS IT'S SO SIMPLE ...

PRODUCTS

- The technology of the MRT systems is based on almost 20 years of research and development work in cooperation with renowned research institutions.
- The MRT classic, MRT professional and MRT relax offer “tailor-made” product solutions for all target groups.
- All MRT systems are characterized by a purposely low magnetic field intensity, “body-friendly” frequency bundles and activating pulse patterns.

APPLICATION

The application is very SIMPLE.
Choose an applicator, press START ... and relax!

- Full-body application with a mat or bench applicator
- Partial application with cushion or probe applicator
- Mental goggles with optical signals as the ideal addition that complements the MRT system
- Duration: approx. 1-2 a day for 8 – 16 – 24 minutes each

CONSUMER BENEFITS

- Over 25 years of experience and knowledge gained from humans and animals
- Over 160,000 sold products
- Top price/performance ratio
- “Made in Germany” quality
- 3 years guarantee
- Simple and convenient operation
- For the whole family

SPORTS – COMPLETELY LEGAL AND (ANOTHER) „SECRET TIP“ WHY MRT IS PERMITTED “DOPING”

In addition to optimizing regeneration after injuries and excessive strain, athletes apply MRT also to enhance training efficiency, where MRT is not forbidden doping, since the increase in performance “only” takes place within the individual physiological capabilities of the organism; thus, MRT is currently one of the simplest and most efficient methods for optimizing performance in a natural way.



down age-related bone loss. Good for people of all ages: Increase your coordination skills while jumping on the trampoline and train your sense of balance. In addition, happiness hormones are produced when jumping. ;-)

Tip: Find “your” sport - whether it’s jogging, cycling, skiing, golfing, mountain hiking, swimming, rowing, tennis, volleyball or any other – a sporting activity that you personally enjoy the most! Enjoying exercise promotes health, vitality and physical and mental fitness.

And another side effect is great: **fidgety children can get rid of the excess energy on the trampoline.**

The biological action of MRI can have **positive effects for the athlete:**

- **Improved regeneration** and relaxation after training / competition
- Optimal **passive warm** up before training / competition
- **Accelerated** healing processes in sports injuries (sprains, bruises, sprains, torn muscles, ligaments and tendons, dislocations, nerve injuries)
- Prevention of sore muscles through improved breakdown of lactates
- Release of tensions
- Improved supply of oxygen and nutrients
- Efficient and accelerated muscle and bone building as well as maintaining of muscles
- Enhancement of endurance
- Stimulation of melatonin production
- Stabilization of the sleep-wake rhythm

Trampoline jumping is an effective full body workout, promotes fat burning and trains motor skills - a sport that is good for joints and bones and can slow



SUPPORT FOR ATHLETES WHY IS MRT SO IMPORTANT IN SPORTS?

Special programmes for athletes:
Athletes can find applications with adjusted frequency bundles, intensities and pulse sequences that ideally complement the respective training:

WARM UP

MRT enables a form of “passive” warm up and supports active warm up; however, it cannot completely replace active warm up. It is suitable for immediate preparation for competition.

AEROBIC ENDURANCE

MRT can optimize the oxygen transport capacity and blood distribution - it can be used before and during practicing all kinds of endurance sports. It can be seen as a “separate” training unit.

ANAEROBIC ENDURANCE

MRT can optimize the increased blood circulation of the working muscles, improve the supply of oxygen and nutrients, as well as the elimination of waste products. It is mainly used before and during extremely high physical activity in short-period and medium-period endurance sports.

REGENERATION

Last but not least, it is particularly important to ensure comprehensive regeneration for our muscles. MRT supports the release of tensions and protective postures of the muscles. It helps to compensate for imbalances and to relieve acute muscle tension and pain.

The list of top athletes who use MRT from vita-life® is long:

Wolfgang Fasching (RaceAcrossAmerica), Dominik Pacher (long-distance runner), Krefeld Pinguine (ice hockey), Manuela Mölgg and Denise Karbon (ski run), FK Austria Wien and 1860 München (football), Milanello Training Center, Alban Lakata (MTB), Peter Fill (skiing), Eintracht Frankfurt, MSV Duisburg, and many more ...

STRESS AT WORK? WHY REGENERATION IS SO IMPORTANT?

Stressors are environmental stimuli that cause physical and psychological stress reactions. This means that they trigger a cascade of biochemical reactions that ultimately lead to the release of stress hormones. These put our bodies on alert. If this condition does not subside for a long time, it is harmful to the human health.

Stressors change when society changes: In the past, stress triggers such as cold, hunger or injuries played a major role. Today it is mainly the psychosocial causes of stress that make people irritable, hectic and nervous. Typical stressors in our society are:

Pressure to perform, multitasking, conflicts at work or in the family, the double strain caused by job and family, permanent availability due to digitization, unhealthy diet, lack of exercise, little or no relaxation as well as worries and fears about the future due to massive crises (unemployment etc.).



With the MRT relax, vita-life® has succeeded in integrating pulsed magnetic fields into a designer bench that is optimally adapted to the shape of the human body. Years of experience in prevention, wellness and state-of-the-art technology are combined in the MRT relax to create a health-promoting experience in the workplace.

The *MRT relax designer bench* acts as an applicator for full-body application and can be combined with both the *MRT classic* and the *MRT professional* control unit.



VARIANT A) – SCOPE OF DELIVERY:

- *MRT classic* control unit
- MRT relax designer bench
- cushion applicator
- mental light goggles - optional

VARIANT B) – SCOPE OF DELIVERY:

- *MRT professional* control unit
- MRT relax designer bench
- cushion applicator
- probe applicator
- mental light goggles

HEALTHY BUSINESS HOW CAN SLEEP AT THE OFFICE ENHANCE WORK PERFORMANCE

Even today, the demand from sleep researchers to interrupt work in the afternoon with a short nap (power napping) still seems unreasonable to many entrepreneurs. There must be no time-out in performance-based competition. For some bosses it is a horrid idea that their employees take a nap for a quarter of an hour during working hours. The afternoon nap is something that only retired persons and children are allowed.

FIRST AID - INSTANTANEOUS STRESS RELIEF!

RELAX! TAKE A BREAK AND JUST DO NOTHING.

With the magnetic resonance systems from vita-life® you can set up effective **ENERGY FILLING STATIONS** in your company and easily ensure the health and well-being of your employees. **“Power-napping” prolongs life and increases productivity.**



According to a study by the US space agency NASA, concentration increases by 100 percent after a short nap. In American companies, so-called “Metro-nap” rooms, where workers retreat to nap, are gradually becoming the standard. The Japanese refer to the brief rest as “inemuri”, which means “to be present while sleeping”. When slumbering, one does not go below the deep sleep limit; when necessary, the person is immediately present again. This trend is also slowly gaining ground in Europe and can be easily combined with the valuable wellness effect of the vita-life® MRT. Simply lie down on the mat applicator with your clothes on, select the regeneration program and press start. Whether you sleep or just rest is up to you. In any case, after the “power nap” you will feel very relaxed or wonderfully refreshed.

The *MRT relax* is ideal for use in **companies that care about the health of their employees.**

The magnetic resonance stimulation of the *MRT relax* improves blood circulation, oxygen supply and cell metabolism. In addition, it **relaxes and loosens the muscles, reduces pain and tension, and improves mental stability.**

Particularly noteworthy is the **reduction in the effects of stress and their physical and mental consequences.**

So, what does it really take?

Very easy: willingness to change something in the area of health in the company, the time and space to do it, as well as the willingness to think “out of the box”!

- Long-term reduction of medical costs and absences
- Reduced psychological and physical complaints (e.g. burnout)
- Increased product and service quality
- Enhance job satisfaction and motivation
- Appreciation of the employees
- Increased identification of employees with the company
- Promotion of the company’s public image

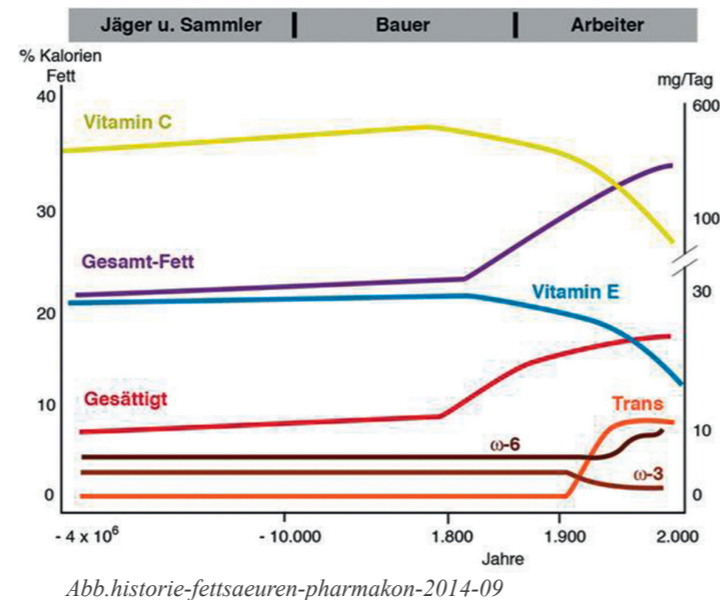
→ Get full information about our **PAY-PER-USE concept** for implementing **OCCUPATIONAL HEALTH PROMOTION** in your company!

DO YOU KNOW YOUR FATTY ACID BALANCE? FROM HUNTER AND GATHERER, FARMER TO WORKER

While major changes have occurred in our diet since the beginning of the agricultural revolution, our genes have not changed in the last 10,000 years. In fact, our genes today are almost identical to the genes of our ancestors in the Palaeolithic 40,000 years ago, when our genetic profile was set up. The associated problem becomes immediately visible in the figure [acc. to Simopoulos 2008]. Neither the fatty acids nor the antioxidant content in today's diet match our genetic profile.

The total fat content in the diet increased from approx. 20% to 35% with a simultaneous **doubling of the content of saturated fatty acids**. For the first time, at the beginning of the last century, artificial or production-related **trans fatty acids** appeared in food, and the omega-6 to omega-3 fatty acids ratio changed from around 1.5: 1 to 15: 1 over the centuries [Simopoulos 2008]. The outbreak of civilisation diseases is inevitable, **creeping inflammation within the body is becoming a standard problem** and chronic diseases are on the rise.

Why chronic inflammation is the root of all disease and how to put out the flames of inflammation. Chronic inflammation and the overactivity of free radicals must be inhibited to achieve long-term health, says Dr. Paul Clayton.



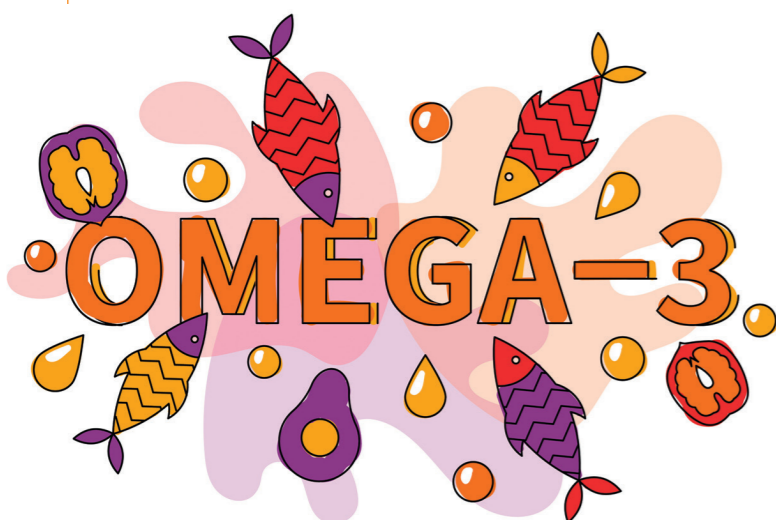
Do you want to know your omega-6 to omega-3 ratio? Do your BALANCE TEST!

IT IS SO SIMPLE – do your balance test at home, send it to the laboratory and check the results (extensive evaluation on 4-6 pages) online within 2 weeks.

- Dry blood self-test
- Measures 11 fatty acids in your blood
- Gives information on your omega-6/3 balance

Interested?

Please send an email to: tsc-europe@vita-life.com!



NATURE HAS A SOLUTION FOR EVERYTHING EXTRACTS FROM NATIVE HERBS IS ONE OF THEM!

Do you feel "angry", tired & worn-out or light & vital?
Surely you also want to feel light, fresh and full of energy and vigour, right?

Herbalists, most of them women, were once suspected of being in league with the devil because of their knowledge **and were burned at the stake for that**. We probably never fully recovered from this "witch hunt". People who deal with herbs are still often pushed into an "esoteric", „superstitious“ corner.

Why are herbs so healthy?

High content in antioxidants. This is what makes spices and herbs so healthy: Components of the essential oils are effective against bacteria, fungi and viruses, even against the dreaded multi-resistant germs; compounds such as polyphenol protect our cells.

Natural biology has always played an important role in many areas of the biological cycle. Whether in the soil, on and in the plant or in animal and human nutrition. Without them, nothing living would function. The KE (herbal extract) product line contains exactly the same biology as it still occurs in healthy nature.

„KE-Kräuterextrakt“ - an Austrian quality product –combines the ingredients of herbs and their biology as they occur in nature.



What is KE?

KE basically stands for K – for the German word Kräuter (herbs) and E - like extract, and is derived from the main ingredient - a **variety of herbs of organic origin** that are used for the production of KE. Most of the herbs used for KE are obtained in the untouched regions of the Alps. Further ingredients used alongside the high-quality herbs are spring water from the Alps, molasses and sea salt.

Purely organic

It goes without saying that the soil in which the herbs grow is free of commercial fertilizers, plant additives, synthetic fertilizers and pesticides. The supervisory authority for this is "Austria BIO Guarantee" (ABG).





MRT – ANIMALS REACT MORE SENSITIVELY

The knowledge about the therapeutic effects of magnetic fields goes far back to ancient high cultures.

However, it was not until the mid-1970s, when the news about the successful use of artificial **magnetic fields in American horse racing** started accumulating, that pulsed magnetic field resonance therapy experienced its renaissance in human medicine as well.

Particularly in veterinary medicine, the effects of magnetic field therapy (MRT) are given a great deal of attention. This is so remarkable because there can be **no placebo effect in animals**. Dogs, cats or horses cannot imagine an effect - either the therapy works or it doesn't.

Dogs and cats lie still on the mat when the magnetic field is activated and leave it again as soon as it is switched off. They seem to find this treatment pleasant and relaxing. It even appears that animals are more sensitive to magnetic therapy than humans. Magnetic field therapy can be used in all animals (dog, cat, horse, etc.).

The most common applications as supportive treatment are:

- bone fractures
- metabolic and circulatory disorders
- osteoporosis
- inflammations
- oedema
- arthrosis
- tendinosis
- etc.

Magnetic field therapy improves cell renewal - cells and organs are better supplied with blood and receive more oxygen. This can stop pathological processes, drugs are transported well in the body, so they can work better, and the dose can be reduced.

Diseases such as spondylosis, dachshund paralysis, osteoarthritis or arthrosis often occur in animals at an advanced age. Injections are quite unpopular with pets - while magnetic therapy is found to be very pleasant.

SPIN - A RECOMMENDED ADJUNCTIVE TO MRT



While MRI creates beneficial electromagnetic fields that “nourish” the cells, we are surrounded by other fields generated by anything that uses electricity. Test it yourself - ask an experienced kinesiologist!

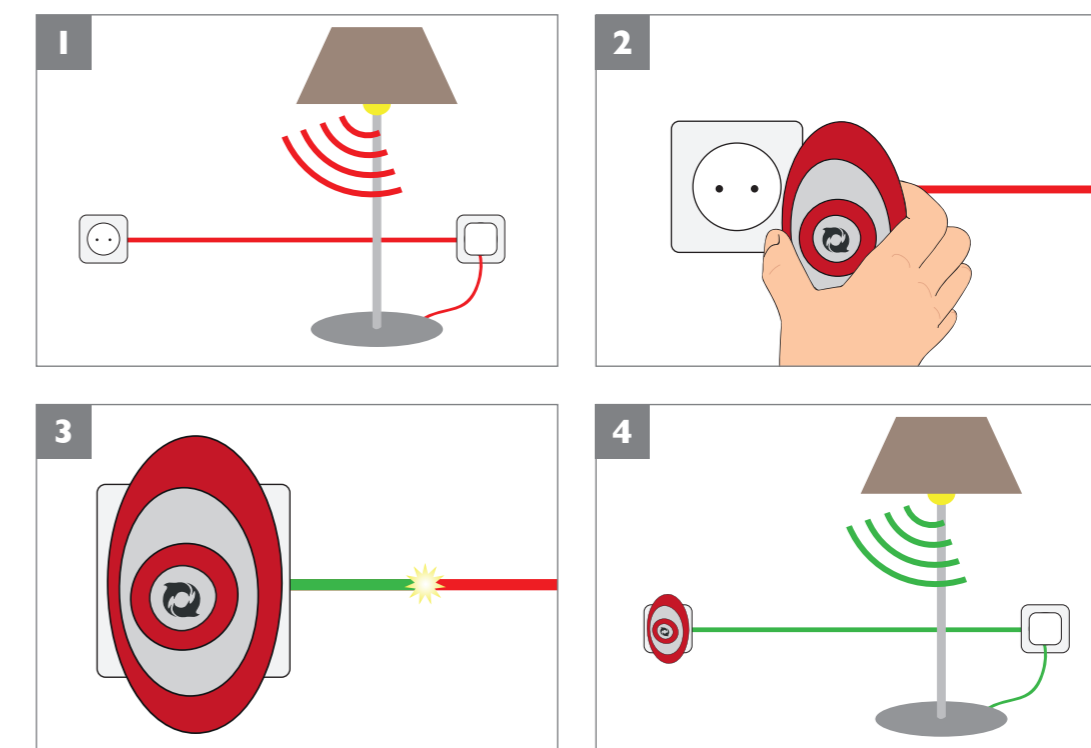
These frequencies exhaust our resources and create stress in the cells. Protection from them allows us to derive even greater benefit from MRT.

The SPIN **neutralizes electrical smog effects by ,overwriting‘ the harmful frequencies** so that they cannot damage the cells. All electrical devices at home or in the office, as well as radiation from communication devices, are prevented from adversely impacting our body.

vita-life ® Spin harmonizes the psycho-physical state and brings the cellular function of every living organism back into balance. It carries the frequencies that are used to restore the electrical potential of the cell membrane itself.

vita-life ® Spin harmonizes the harmful radiation of e-smog (Hz, kHz, MHz, GHz, 3G, 4G, 5G) which can disturb and change the organs and cells of humans, animals and plants.

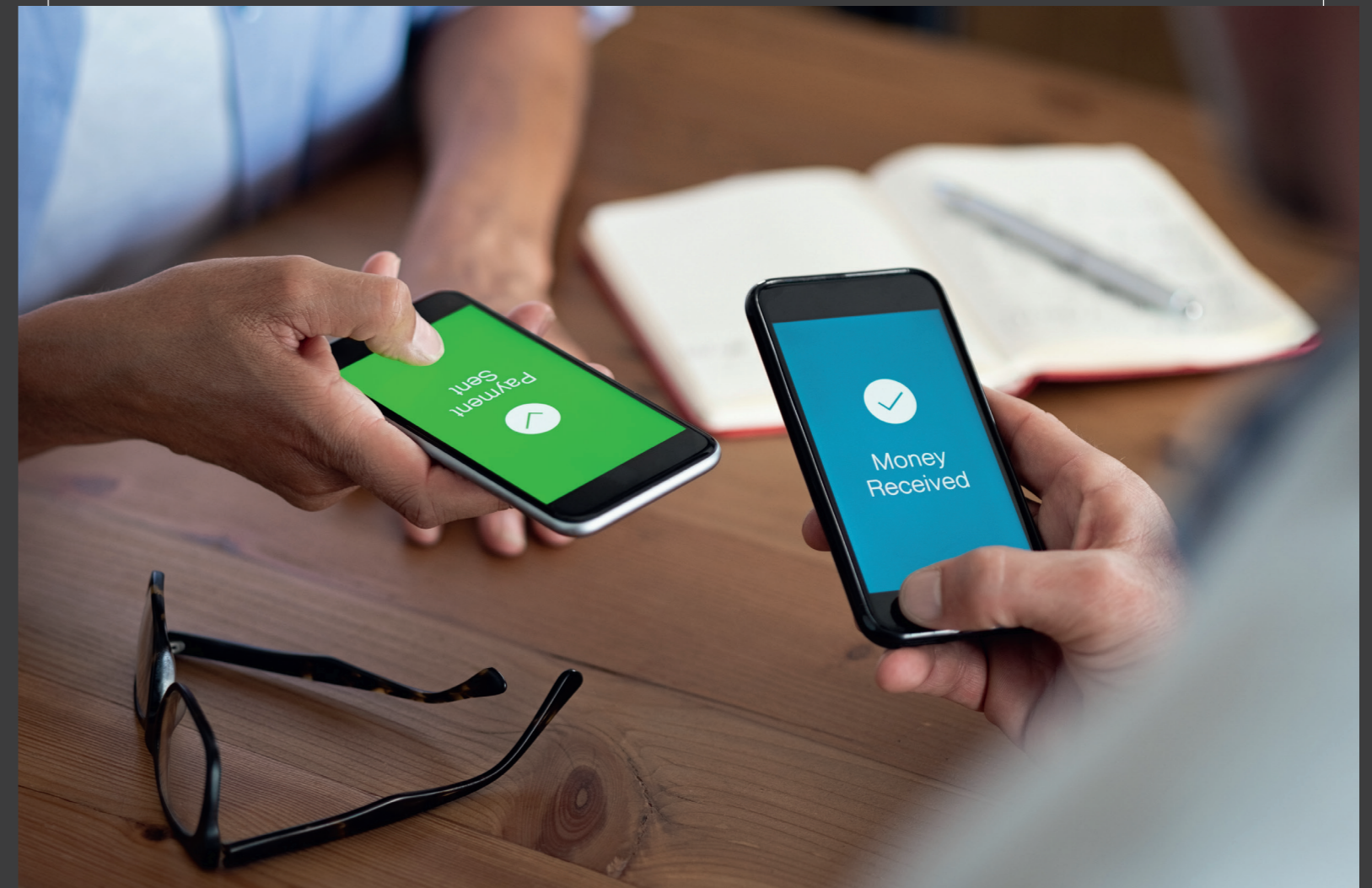
The SPIN is a handy device that can be plugged into a socket. It does not consume electricity - it simply uses the socket and wiring to distribute its effects throughout the house (one plug per 100 m² of living space and per circuit).



CARRY YOUR EXPERIENCES OUT INTO THE WORLD AND BE REWARDED!

I still remember well the beginnings of vita-life® back in 1995. It wasn't just the activities of a small group of sales partners - it was mainly the enthusiastic customers who carried their positive experiences out into the world and attracted new customers.

Become a recommendation PARTNER within the vita-life® family (community) and give a TIP your friends and acquaintances, who are also interested in health!



IT'S SO SIMPLE!

Nothing is safe. You cannot control things like illness, job security or the development of the pension system - or at least not directly.

And to be completely honest: it is anything but certain that you will receive a pension in 10-20 years from which you and your family can live well, even with a well-paid job and in the best of health.

What does this mean?

You should not rely (only) on one source of income anymore and should expand your income opportunities today so that you can continue to look after yourself and your family well in the future!

Compare it to your body!

The more vitamins and trace elements you take in, the more sports you do, the better you take care of your organism, the more resistant your body is to diseases. **It's the same with your finances.**

This gives you air to breathe and a much stronger financial foundation - even in times of crises that can last for months or years.

A) **Tell** your friends, acquaintances and relatives about your positive experiences with the vita-life MRT system and arouse their interest.

B) **Give** the name and contact details of the interested person to your vita-life® advisor (by phone +43 4274 44 99 - by e-mail at tsc-europe@vita-life.com - or via the contact form on our homepage: www.vita-life.com)

C) **We will gladly** advise the potential customer that you recommended! If the potential customer buys the vita-life® MRT system, we will reward you with a **voucher** as a bonus.

D) If you would like to receive the **bonus in cash in your account**, apply as a sales partner or as a referral partner.

We will prepare a monthly account statement and transfer the bonus you have earned by the 10th of the following month.

We want to improve every day - that's why we also look forward to your feedback on ProvenExpert!



VITA LIFE HandelsgmbH Europe
FN153293g - E: tsc-europe@vita-life.com - H: www.vita-life.com