

**vita-life® med**

## The Medical Advisory Board of vita-life®

A panel of experienced scientists and health professionals voluntarily and independently monitors and supervises the research activities of **vita-life®**, advises the company on research and assists in the search of new fields of application.

The Medical Advisory Board consists of seven to nine permanent members. Among other things the Medical Advisory Board is also exploring the basic mechanism or fundamental elements of action of magnetic field therapy and magnetic resonance stimulation (MRS) as it is still only partially understood.

### Dr. med. Martin Gschwender

Dr. Martin Gschwender is an independent GP in Munich, Germany. For more than 15 years he has been using magnetic resonance therapy in the treatment of various diseases in his daily work. With his extensive experience and high competence in general and complementary medicine he has been serving medical training and the medical hotline with **vita-life®** for many years - according to his credo: "... do not think in terms of problems, but solutions ...". Apart from his professional commitment he is an enthusiastic triathlete, mountain biker and skier.

### Prof. Dr. Johanna Hübscher

#### Professional Experience

Studies of human medicine and research studies at the Friedrich-Schiller-Universität Jena (1968 to 1974), graduation to Doctor of medicine (1978), medical specialist in sports medicine (1980), postgraduation in science (1990), promoted to professor (1991), appointed to professorship (1997)

#### Research Areas

Kinesiotherapy, sports in prevention and rehabilitation, magnetic field therapy

#### Teaching Activity

Since the start of work (1975) in Sports Medicine at the University of Jena up to date, I am active in teaching trainers in apprenticeship, sports therapists, sports scientists and facultatively for medical students.

#### Experience in magnet field therapy

- 1999: "Effects of differentiated stress stimuli and electromagnetic fields on osteoporosis suffering patients and their bones" (controlled course of study); graduation
- 2003: "Influence of electromagnetic fields on blood circulation improvement in training and regeneration" (placebo-controlled study course - pilot project -); Deutsche Zeitschrift für Sportmedizin/Jahrgang 54, Nr. 7/8
- 2003: "Changes in selected blood parameters after muscle exercise with and without the influence of magnetic fields" (placebo-controlled, randomized study course), diploma Thesis
- 2009: "Prospective clinical study course on the influence of electromagnetic resonance stimulation on mood and quality of life for patients suffering from osteoporosis" (placebo-controlled, double-blind, randomized study course), diploma thesis
- 2003 – 2010: Compiling a literature database on the effects of magnetic fields with different diseases and illnesses
- 2010: "Prospective comparative clinical study on the effect of magnetic resonance stimulation (MRS) on pain behaviour and on the well-being and quality of life for patients suffering from fibromyalgia" (placebo-controlled, double-blind, randomized study course), graduation

#### Co-author

Gesundheit von Innen (physical self-regulation by the eMRS technology); 2003; Klinische Praxis mit dem eMRS-System (dose recommendations, applications hints, tips and tricks for therapists and advanced users), 2003; Leitfaden für das R-System / guideline to the R-System;

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## **Dr. med Sebastijan Piberl**

Sports physician and GP in Maribor (SI) is a specialist in the application of the **vita-life**<sup>®</sup> magnetic resonance stimulation in sports. He takes care of the Slovenian National Team "Ski Alpin - Snowboard" and has achieved best results with the **vita-life**<sup>®</sup> R-System.

## **Dr. med. Nanett Nyhuis**

Dr. Nanett Nyhuis is an independent ENT specialist in Munich.

In 1999 she introduced magnetic field therapy as one of her proactive school and complementary medicines (among others radionics). As a holistically orientated ENT physician she has used the magnetic field therapy since then as standard in her daily work.

Besides her activity as an independent appraiser of various public providers she is also passionately engaged in the field of acoustics and with the life of the tinnitus sufferer. In regular talks and informative evenings, held in the lecture rooms of her practice, interested patients can learn about the recent developments in these areas.

Apart from her professional commitment Dr. Nyhuis has also the rewarding challenge of being a mother of two daughters.

## **Dr. med. univ. Piero Lercher**

Sports physician, specialist in preventive, occupational and environmental medicine, author of several scientific publications and books, medical journalist and cartoonist: among other things illustrator and author of the sports medicine section of the book "Praxis der Magnetfeldtherapie / Practice of Magnet Field Therapy" (German and English edition), illustrator of the book „Das große Buch der Magnetfeldtherapie“.

Member of the medical team of the healthcare and prevention center "Gesund in Schönbrunn"

Medical consultant and research study-coordinator (among others from 1996 to 2005 for the International Medical Society of Energy Medicine and the **vita-life**<sup>®</sup> MED Consulting GmbH), conceptual design, coordination and implementation of various

interdisciplinary projects concerning preventive medicine; lecturer at the Medical University of Vienna, academic course director of the "Master of Public Health-Vienna"

Since 2009 editor in chief of the magazine Sport- und Präventivmedizin

### **"Research is the Future"**

The international research projects initiated and funded by **vita-life**<sup>®</sup> have contributed significantly to the acceptance and further development of magnetic field therapy.

## **Dr. med. Rodney Adeniyi-Jones**

Dr. Rodney Adeniyi-Jones is a private physician practicing integrative, functional medicine in London. His professional interests are in chronic, severe diseases and in preventive medicine. He has successfully applied the **vita-life**<sup>®</sup> magnetic field with his patients since 2002 and is more than satisfied with the advantages of this therapy.

## **Dr. Seidl Peter, orthopaedic specialist**

As part of my daily orthopaedic practice with a predominantly conservative treatment of a variety of musculoskeletal pain syndromes, I use the magnetic field therapy in addition and alongside the standard methods with very good results in autoimmune, degenerative and circulatory disordered symptoms.